



THE
SKINNY
KITCHEN

FOOD

BRUNCH

SERVED UNTIL 3PM

SK SMASHED AVOCADO

Smashed avocado, beetroot hummus, radish, pomegranate, lime, sourdough. (VG).....11
Add poached eggs 3 / halloumi 6 / salmon 6 / bacon 4.5

POKÉ TOAST

Diced marinated salmon, avocado, edamame, wakame, wasabi mayo, sesame seeds, miso dressing, radish, served on sourdough.....16

BAKED SHAKSHUKA

Baked eggs, feta, spiced tomato, chipotle bean sauce, avocado salsa, flatbread. (V).....15.5

BIG BREAKFAST

Free range scrambled egg, Cumberland sausage, smoked streaky bacon, homemade chipotle beans, roasted tomato, mushroom, rocket, sourdough.....14.5

VEGGIE BREAKFAST

Free range scrambled egg, marinated halloumi, avocado, homemade chipotle beans, roasted tomato, mushroom, rocket, sourdough. (V).....14.5

VEGAN BREAKFAST

Scrambled spiced tofu, bubble n squeak, homemade chipotle beans, avocado, roasted tomato, mushroom, rocket, sourdough. (VG).....14.5

FLATBREADS & SALADS

SPICED CHICKEN FLATBREAD

Marinated spiced chicken, tzatziki, hummus, pickles, pickled red cabbage, pink onion, pickled cucumber, salad, harissa oil, flatbread.....16
Add skinny seasoned fries 4.5

HONEY HALLOUMI FLATBREAD

Honey marinated halloumi, tzatziki, hummus, pickles, pickled red cabbage, pink onion, pickled cucumber, salad, harissa oil, flatbread. (V).....16
Add skinny seasoned fries 4.5

SIGNATURE CAESAR

Skinny Kitchen signature Caesar salad, secret sauce, tomato, egg, homemade croutons, shaved parmesan. (V).....12
Add prawns 5 / avocado 4 / chicken 5

SUPERFOOD SALAD

Quinoa, roasted butternut squash, tomato, cucumber, broccoli, roasted kale, mixed spiced nuts, pomegranate, honey dressing (V) (VG option).....13
Add prawns 5 / chicken 5 / feta 2.5 / avocado 4

WHOLESOME BOWLS

SUMMER POKÉ BOWL

Diced marinated salmon OR chicken skewers OR wild miso mushrooms, rice, edamame, wakame, avocado, cucumber, shredded carrot, crispy shallots, sesame seeds, miso dressing, wasabi mayo (VG Option).....16.5

DONBURI BOWL

Teriyaki salmon OR chicken skewers OR wild miso mushrooms, rice, salad, tomatoes, shredded carrot, cucumbers, pickled onions, sesame seeds, avocado salsa, miso dressing, honey mint dressing.....16.5

STEAK POKÉ BOWL

Searched steak, rice, grilled pineapple, carrot, rocket, cucumber, avocado, edamame beans, sesame seeds, radish, chilli, kewpie sauce, miso dressing.....17

TAPAS STYLE SHARING PLATES

OLIVES, WARM FOCACCIA BREAD, AIOLI (V).....	7
EDAMAME BEANS, MIRIN, SEA SALT. (VG).....	6.5
WHIPPED FETA, TOPPED WITH OLIVES, HARISSA OIL, WARM FLATBREAD.....	9
BEETS SALAD, BEETROOT PUREE, FETA CHEESE (V).....	8
ARANCINI BALLS, TOMATO BUTTER SAUCE, PISTACHIO PESTO (V).....	9
BEEF CROQUETTES, SMOKEY WOOD SAUCE.....	9
CRISPY BABY CALAMARI, PICKLES, WASABI MAYONNAISE.....	12
HUMMUS, TOPPED WITH CUCUMBER, TOMATO, ONION, HARISSA OIL,.....	8
SERVED WITH WARM FLATBREAD	

BURGERS & ROLLS

SK BURGER Two smash beef patties, American cheese, pickles, secret sauce, baby gem, brioche bun, served with skinny seasoned fries.....	16
CRISPY CHICKEN BURGER Crispy buttermilk chicken, slaw, baby gem, tomato, sriracha mayonnaise, brioche bun, served with skinny seasoned fries.....	16
V.E.G BURGER Two smash beyond meat patties, American cheese, secret sauce, pickles, baby gem, tomato, onion, brioche bun, served with skinny seasoned fries. (V)..... (VG Option)	16
SPICY PRAWN BRIOCHE ROLL Spicy prawn, Marie Rose sauce, avocado, tomato, baby gem, chives served in a brioche roll, crispy onions, served with skinny seasoned fries.....	17
BEEF CIABATTA Top side beef, mozzarella, secret sauce, baby gem, tomatoes, caramelised onions served with skinny seasoned fries.....	17

SIDES

SKINNY SEASONED FRIES (VG).....	4.5
TRUFFLE, PARMESAN, ROSEMARY FRIES (V).....	7
HALLOUMI FRIES, AVOCADO SALSA, POMEGRANATE, MINT (V).....	9
GRILLED MIXED GREENS (V).....	7

SAUCES

SRIRACHA SAUCE / SMOKY SAUCE / WASABI MAYONNAISE / AVOCADO SALSA
SECRET SAUCE / MARI ROSE SAUCE / CHIMICHURRI / PEPPERCORN SAUCE
1.50 EACH / THREE FOR 4.00

SK CLASSICS

FISH TACOS Chunky fried cod, slaw, avocado salsa, pink onion, spring onion, chilli, pico de gallo.....	15
COCONUT CURRY Choose cod or falafel coconut Thai red curry, mixed green vegetables, served with rice and fresh chilli.....	16.5
ASIAN NOODLES Rice noodles, edamame, broccoli, pak choi, red pepper, carrot, miso dressing, chilli, toasted sesame, with a protein of your choice. CHOOSE BETWEEN: TERIYAKI SALMON 17 / CHICKEN SKEWERS 16 / MISO MUSHROOMS 15	

MEAT & FISH DISHES

CHICKEN BOARD Marinated chicken, creamy slaw, corn on the cob, skinny seasoned fries, BBQ sauce.....	16
STEAK BOARD Sirloin steak with a choice of peppercorn sauce or chimichurri, served with mixed greens and skinny seasoned fries.....	24
FISH BOARD Fresh battered cod, seasoned fries, mushy peas, tartar sauce.....	15
ROASTED SEABASS Seabass fillet, baby potatoes, French beans, pea puree, capers, butter lemon sauce.....	18
SEAFOOD LINGUINE Linguine pasta, mixed seafood, tomato, garlic, chilli, parsley.....	18

DESSERTS

COOKIE DOUGH Half-baked cookie dough, Nutella, pistachios, vanilla ice cream. (V).....	11
CHOCOLATE BROWNIE Chocolate brownie, chocolate soil, fresh strawberries, vanilla ice cream. (V).....	8
STICKY TOFFEE PUDDING Warm sticky toffee pudding, Butterscotch sauce, vanilla ice-cream. (V).....	8.5
APPLE & BERRY CRUMBLE Apple and berry crumble served with vegan ice cream. (VG).....	7.5

Please inform staff of any allergies. We cannot guarantee our food or drinks is free from nuts and other allergens. You must speak with a member of our team who will be able to advise you on our menu and take the necessary steps.

(V) - Vegetarian (VG) - Vegan